

Role Checklist

What information will I gain from the Role Checklist?

The Role Checklist can be used to explore a person's current and future participation in life roles (e.g., student, worker, volunteer, family member, friend, hobbyist), and the activities that make up each role. The Role Checklist also explores how valuable the person perceives each of the listed roles to be.

For each of the 10 roles listed, the Checklist explores if the person currently completes it. If they answer 'Yes', they are then asked to rate their perceived satisfaction with their performance in the role. If they answer 'No', they are asked if they would like to consider undertaking that role in the future.

The Role Checklist assists to guide discussions with a person to explore options for everyday home and community-based activity participation, which may be linked to current and potential future involvement in life roles. This information can support goal setting with the person.

There is also a simplified version of the Role Checklist that can be administered with a person for whom Easy Read or images are of benefit^{1,2}. Some Easy Read versions also explore the person's past role participation, as well as their current, and future role participation².



¹ <https://moho-irm.uic.edu/productDetails.aspx?iid=6>

² <https://www.sralab.org/rehabilitation-measures/role-checklist-version-3>

How do I administer, report, or score the assessment?

The assessment tool will take approximately 10-30 minutes to administer. Depending on the support needs of the person, the Role Checklist can be completed independently by the person, or it can be completed with the person as a semi-structured interview or 'conversation'. An interview is effective in allowing the checklist to guide a broader discussion to explore current and future desired role participation.



How do I report or score the assessment?

The number of current and future desired life roles can be counted or listed out. Engaging the person in a discussion about their current participation, or potential future roles following acquired brain injury, can make for useful conversations. Considering the associated activities that make up the identified roles can assist with goal setting.

How do I get more information on or access to the Role Checklist?



[You can download a role checklist here.](#)

[You can download an accessible role checklist here.](#)



For further information, please contact:

Associate Professor Libby Callaway
T: +61 421 356 359
E: libby.callaway@monash.edu

School of Primary and Allied Health Care
Rehabilitation Ageing and Independent Living Research Centre
Faculty of Medicine, Nursing and Health Sciences
Monash University, Peninsula Campus
47-49 Moorooduc Hwy
Frankston VIC 3199